

Buxton United Reformed Church

Hardwick Square East



May 2022

On Sunday, 24th April, we remembered Orthodox Easter that many people including the Ukrainians celebrate. We were expecting only a few people to our service since others were on holiday either cycling a tandem across Hadrian's Wall or promoting toilet twinning! To our delight four other folk joined our service which was based on the question of Jesus, **"Who do you say that I am?"**

There was good sharing throughout the service and at the end one of our visitors talked about a family that had arrived in Chapel-en-le-Frith from Ukraine. The family had a young boy who was severely disabled and so she led us in a prayer for them. Another of our visitors, an author from Manchester, finished off our service by singing in Russian an arrangement of the Lord's Prayer. It was beautiful and yet haunting to listen to. So, our service became something special because of our visitors.

There were celebrations when Nazanin Zaghari-Ratcliffe and Anoosheh Ashoori were released on 16 March 2022 and returned to the United Kingdom the next day after prolonged time spent unjustly in jails in Iran.

Much has been published about Nazanin but only a small amount about Anoosheh returning to his family. I found this article about what he spent his time doing in prison very interesting. A University of the Third Age with a difference!

I cannot spend my whole time alone so I select a small group of inmates with whom I can talk and fill my time. Evin Prison in Iran has come to be known as the University of Evin and I understand why. It has some of the most qualified inmates of any prison in the world.

We formed groups of five to eight people, and hold classes regularly through the week. We are quite an academic group. Dr AK, a professor in economics, teaches us macroeconomics. Dr HH gives me private lessons on environmental sciences and

geography. Mr QM holds classes on how to write novels. Mr MS teaches the fundamentals of genetics. Once or twice a week, I sit with Dr AA and go through the principles of quantum physics. I am practising Spanish with Mr KA. I am even learning Azerbaijani with Mr JD. I myself give two small classes about the basics of aircraft design and anti-earthquake stonework construction.

This is how I try to keep busy enough to stop myself going insane in the valley of hell.

Anoosheh Ashoori

We need to continue to pray for Nazanin and Anoosheh as they adapt to being back in England with their families.

Also, there are still many prisoners being held unjustly around the world. We need to pray for them and for those seeking to gain their release.

Have you heard that Heinz is releasing limited-edition bottles of "**HM Sauce**" (Instead of HP Sauce) and "**Salad Queen**" (Instead of Salad Cream) to mark Her Majesty's 70 years on the throne.

They're going to be available on supermarket shelves from this week so if you want them get buying now- ahead of parties, picnics and parades over the four-day bank holiday in June!

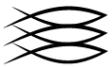
Salad Queen
HM Sauce

Salad Queen
HM Sauce





Steph, Cath, Daniel, Geoff and Stephanie.



THREE OCEANS

And finally:

Thank you to Geoff Druce, Sales and Marketing Director and principle ambassador and voice of Three Oceans Fish in Hull for providing the fish, chips and not forgetting mushy peas for a lovely lunch on Good Friday. This was for helpers of Waste Not Want Not and church folk who help with the Saturday Coffee morning. A big thank you to Stephanie for doing the cooking and others helping with the organisation of the lunch including the washing up. The lunch was appreciated by all.

Eileen Blane

Pottering

"Pottering about doing nothing much in particular is not only one of the greatest joys in life, but now also actively, provably, officially good for you! Researchers at the University of California, San Diego, have found that doing peaceful domestic things - a bit of gardening, cooking, even housework - can significantly reduce the risk of heart disease.

As any potterer already knows, the act of pottering is vastly beneficial to mental health. It soothes the mind. You may appear not to be doing much when you potter, but you are, in fact, ironing out your mind, at the same time as making dinner at a leisurely pace or seeing if the tulips have stuck their beaks out."

India Knight in the Sunday Times (submitted by Debbie Delight)



Please pray for members of our church family and friends, but also, for the many needy across the world

*For the next **Waste Not Want Not Saturday Coffee, Cake and Company** morning at church on **7th May**.*



Latest on Richard Bower

As you will remember Richard got Covid very early on at the start of the pandemic and after 9 weeks on a ventilator and a long period in rehabilitation, he came home in a wheel chair.

His determination, our prayers and support of friends and family has led to amazing improvements, the latest being that he is able to walk without any sticks.

His next goal is to walk up to Solomon's Temple... and I have no doubt he will do it !

Debbie Delight

Prayer for Ukraine

And just a reminder of the link [for future reference]:

Topic: Prayer for Ukraine

Time: Every Monday 7:30 – 8pm

Join Zoom Meeting

[https://us04web.zoom.us/j/76344076317?
pwd=OFkxN0xINFp3VUR4cHM2bXhiRkpZdz09](https://us04web.zoom.us/j/76344076317?pwd=OFkxN0xINFp3VUR4cHM2bXhiRkpZdz09)

Meeting ID: 763 4407 6317

Passcode: 9XKJ1Z

The Grocer.co.uk



**Waste Not Want Not
At
Buxton United Reformed Church.**

**You are invited to join with us for
free coffee, cake and company**

**Saturday 7th May between
10am and 12midday in the church**



Love in the community

UKRAINE

Jesus wept over Jerusalem
There were tears from Jeremiah
The wall it was rebuilt again
After tears from Nehemiah

UKRAINE, UKRAINE what can we say?
But take you to the Lord and pray
In Jesus we are always safe
He is the One we praise



UKRAINE, UKRAINE there is heartache and pain
When lives are being taken away
Lives are going to the graves
But He is the God of grace

UKRAINE, UKRAINE we stand in faith
We mustn't be afraid
God is the truth, the life and way
He will protect us every day



UKRAINE, UKRAINE the Lord is great
God's love it never fails
He is the God who will never change
The same through every age

UKRAINE, UKRAINE the Lord, He reigns
He holds the time and space
He's bigger than the giants we face
And loves the human race



UKRAINE, UKRAINE God rules the nations
Lift high this mighty name
He is the god of all creation
His kingdom we proclaim

Fiona Bingham

You are seen,
You are loved,
You are treasured by God above.
You are not forgotten,
You're not alone,
And your story is in hands that will
carry you home.



They'll carry you home.
He's holding you now.
Every breath He has heard,
Every tear that falls He captures,
In the terror He is there
And in the times quickly coming
when He 'll scoop you up
And carry you home.

He'll carry you home, He's holding you now.

Understanding is far away,
To question why seems so in vain.

Hold onto that day when He will carry , carry us home.

You are seen, you are loved,
You are treasured by God above.

Don't forget we are going to have an outside party to celebrate the

Queen's Platinum Jubilee,

joining with the Rainbows, Brownies and Guides and family members in the gardens of our church. We intend to dress the outside of the church with bunting and other things.

Please put it in your diary and have a good think about what ideas you can come up with that we could implement too.

Share them with Cath Sterndale and Eileen Blane.

Mark it in your dairy Saturday 11th June



Dates to Remember

Fellowship Evenings: Wednesdays.

Join us at 7:30 to 9:00 pm:

Next Elders and Leaders Meeting – to be arranged

Contributions for the magazine

We really do appreciate your contributions so please keep them coming.

Contributions please for the next magazine to
Eileen and Peter Blane by 23rd May 2022.

To ensure your magazine is as informative as possible please keep us up-to-date with news and events.



Please be aware that we are producing only a limited number of printed magazines. An electronic version is available to read on the church's website:

www.buxtonurc.org.uk

Buxton URC Sunday services (normally at 10:30am)

Proposed services for May (these may be revised)

1 st May	No service in church	
8 th May	10:30am	To be arranged
15 th May	10:30am	Fellowship Service
22 nd May	10:30am	To be arranged
29 th May	10:30am	To be arranged



Buxton United Reformed Church

Website: www.buxtonurc.org.uk

Minister for the North Derbyshire Resource Area
(which includes Buxton URC): **Rev. Caroline Andrews**

We warmly welcome everyone who wishes to join us for
Sunday worship

Details of services, including times, can be found inside this
magazine and on our website.

*We offer a sincere, loving welcome to all in
Christian Worship.*

Activities for young people

- **Rainbows:** for girls aged 5-7 Tues. 5 - 6pm
Leader: Stephanie Sterndale (Tel. 07967205209)
- **Brownies:** for girls aged 7-10 Tues. 6 – 7:30pm
Leader: Cath Sterndale (Tel. 07973670595)
- **Guides:** for girls aged 10 to 14 Tues. 6pm
Leader: Stephanie Sterndale (Tel. 07967205209)